

RAYMOND

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Raymond Recorder



RAYMOND

A live town in a rich agricultural and stock-raising district. A good place to make your home.

Vol. 30

FRIDAY, MARCH 13, 1931

No. 1

News Notes

SUBSCRIBE to the RECORDER.

A. W. Kirkham has spent most of the week in Lethbridge on jury duty.

J. A. Ferguson of the Fuller Brush Co., was in town from Tuesday to Saturday of this week.

Mrs. Kenneth Alfred and Miss Greta Low of Carleton were week-end visitors in Raymond with relatives and friends.

Board of Trade Meeting will be held in the Town Hall Monday evening at 8 p.m. It will be a meeting well worth everyone's time.

South Siberia was visited by an earthquake early Saturday morning and quite a number of buildings demolished. Only one fatality was reported.

The Junior Prom on Friday night last week was a decided success. Due to the stormy weather the crowd was not as large as usual, but everyone had a most enjoyable time throughout the entire evening.

Monday and Tuesday witnessed the heaviest snow of the season in Eastern Canada accompanied by falling temperatures and a biting wind. Transportation was badly disrupted in many places.

Alfred Arthur Rouse, British Salesman was hanged at Bradford, England on March 10 for the murder of an unidentified man. This is the first case of this kind in 145 years in England.

Mr. and Mrs. C. B. Cheesman, Mr. and Mrs. Dahl Caldwell, and Miss Caldwell, all of Carleton were here on Saturday night for the Magrath-Raymond High School Basketball game.

Don't forget the Band Meeting in the Town Hall on Sunday at 3:30 p.m. If you or any of your family are interested in band work they should be there.

The Administrator's Sale of the G. H. Organ goods will be continued on Saturday, March 14th, at 2 p.m. Lack of time to finish up last week made this continuation necessary.

Severe earthquakes shook Jugoslavia Saturday and Sunday last and the people fled into the woods for protection and to escape the toppling masonry from the brick and stone buildings as they came tumbling down. Nearly 150 people perished in the catastrophe.

Mr. and Mrs. A. Zabriskie entertained at a delightful Bridge Party this week when she had about 20 guests in for the evening. The rooms were beautifully decorated with daffodils forming the centre of the decorations. Honors of the evening were won by Mr. Hodge and Mrs. Dr. Leech. Dainty refreshments were served and a very enjoyable evening spent by all.

With spring getting nearer there is the possibility of everyone getting to work, and a lot of the discontent and fretting because of unemployment will be one away with. Idleness is a very prolific source of discontent.

Four children of Mr. and Mrs. Searles near Caribou, Maine, were burned to death Sunday night in a fire of unknown origin which destroyed their home while the father and mother and one child were attending church. Another child escaped by jumping from an upstairs window.

The decision of the Utah Idaho regarding the moving of one of their big plants into Southern Alberta this summer will be awaited with considerable interest by Beet Growers here as in other districts. If the plant is moved it will mean 24,000 acres or so of beets that can and likely will be raised, as against a maximum of 12,000 if the Factory is not moved. Let's hope the company will decide in our favor, and bring the mill in.

Raymond Are Again Provincial Hi Champions

FANS TREATED TO REAL BATTLE AS MAGRATH AND RAYMOND CLASH IN FINAL GAME OF SEASON

Never has a Basketball Game been played in Raymond where the noise was more noisy or more constant than on Saturday night when Magrath and Raymond High Schools met in the second of their Home and Home games for the Provincial High School title. The Student Body of both schools were there nearly 100 and were trying to outdo each other in School yells and encouragement to their respective teams. The crowd was very evenly divided and both sides received much praising and razzing as well.

The game started out with close checking and careful playing being the order of the evening. Both teams realized that they were meeting worthy opponents, and consequently no wild chances were taken, and a number of well aimed shots were ruined by clever interception. The score was close all the way through and every player was putting his best into the game. Point by point the score progressed, never showing much margin for either team, and the boys exerting themselves to the very limit all the way through.

The first quarter ended 4-3 in favor of Raymond after ten minutes of close and effective checking on both sides. Combinations were spoiled frequently, and most of the shooting was at long range. The second quarter was a repetition of the first, and at the half time whistle the score sheet was 8-9 in favor of the Garden City, and the hall echoed to the cheering of the fans.

When the second stanza opened everyone had their minds made up that it was anybody's game, and were expecting a win for either side. The third quarter was featured by more points on each side than the first half showed and at the end of this spasm the score was 18-17 for Raymond. The whistles blew for the last quarter and the fans were in a frenzy of excitement as the teams took the floor. From the way the players snapped into it they had decided that it was now or never. G. Harker, Turner and Meldrum were working nicely, and giving the Sugar City guards plenty to do to keep them at a fairly safe distance, but they held Magrath down to two field baskets and two point on foul throws, Raymond's forwards G. Kirkham and W. Webster with B. Card in centre extended themselves to the last notch and in this ten minutes of play Kirkham put in four field baskets, Webster two, and Card got a foul shot making 13 points for this period bringing the score for the game to Magrath 23, and Raymond 31.

When the score was announced Solon Low coach of the local High School team was chaired by enthusiasts and paraded around the hall, and the cheers sounded long and loud.

It was a case of Greek meeting Greek, and certainly the fans got full value for their money and will have a game to remember for a long time. The boys certainly showed a lot of stamina and grit and their work reflected great credit on their coaches. We hope that Southern Alberta can always furnish such competition for the High School crown.

Seamans and Ferguson kept the game well in hand throughout and their decisions were received with out dissension on either side.

The lineup and score was as follows

MAGRATH—	
J. Harker	4
L. Harker	0
Turner	7
Card	0
McIlrumb	8
Woolsey	0
Coleman	0
Evaas	4
Sabey	0
Bingham	0
Total	23
RAYMOND—	
Webster	14
Nalder	1
Weaver	0
Kirkham	8
Card	8
Galbraith	0
VanOrman	0
King	0
Woolley	0
Hague	0
Total	31

The Jacks and Stirling Giants played a first game from 7 to 8 p.m., while the crowd was gathering and furnished a lot of entertainment.

At 8 p.m. the Stirling "M" Men and Raymond 2nd Ward "M" Men played a good game, which ended with a 31-18 score for Stirling.

Allen Oler, Frank Weaver and E. Zemp handled these first games.

It is doubtful if there ever was a larger crowd gathered for a Basketball game than thronged into the Opera House for the title game Saturday night, and surely never was a contest more interesting nor closely contested until the last minutes of play when the margin became a little greater.

Alberta Paysonites Meet and Organize

SUNDAY EVENING AT THE FIRST WARD

Sacrament Meeting at the Raymond First Ward on Sunday evening was largely attended, and was very interesting and instructive. After the opening songs and prayer, and the sacrament the following program was carried out:

Organ Solo—"The Holy City"—by Mrs. Albert Winkler.

Elder LeRoy Stone just returned from the California Mission spoke and voiced his appreciation at being privileged to go on a mission. He then spoke of the Organization of the Church the Truthfulness of the Book of Mormon and bore a strong testimony to the Truthfulness of the Gospel. Elder Stone then played a Piano Solo.

Elder Godfrey Holmes was the next speaker. He spoke of the opportunities for progress and advancement that earth life gives, and showed that work is honorable and our only means of exaltation.

The choir sang the anthem "Praise Ye the Father" and the regular closing exercises brought the meeting to a close. A large crowd was present and thoroughly enjoyed the meeting.

GOOD PRIZE OFFERED

The General Boards of the M.I.A. in co-operation with Sarah Danie's of Salt Lake City, Utah, offers a prize of \$25.00 for the best article of approximately 1,000 words on the following subject:

"A Tribute of Appreciation to the Life's work of Evan Stephens, giving special attention to his musical works and his leadership as it has been of benefit in building manhood and womanhood and in perpetuating Latter-day Saint Ideals."

The manuscripts must be mailed to the M.I.A. General Offices, 47 East South Temple Street, Salt Lake City, Utah; no later than June 1, 1931.

The prize article will be read at the Annual June Conference in connection with the presentation of our annual musical contests and published in the Improvement Era.

"CAUGHT SHORT" HILARIOUS MARIE DRESSLER-POLLY MORAN COMEDY

It was inevitable that the stock market crash should inspire the writers of movieland, and hence it is that Marie Dressler and Polly Moran of 1-G-M courted across the screen of the Capitol Theatre. Soon in an uproarious comedy titled "Caught Short."

"Caught Short" concerns the successes of Polly Moran, Washington Square (N.Y.) landlady, in the late lamented "bull market," and the eventual capitulation of her more conservative friend, Marie Dressler. Anita Page and Charles Morton furnish the juvenile love interest of the comedy and excellent character performances are given by T. Roy Barnes, Herbert Prior and Edward Dillon as boarders.

Director Chuck Riesner has handled the offering deftly. The suspense leading up to the final crash of the market is particularly well done. The co-stars, Marie Dressler and Polly Moran, carry on in this picture still further the high reputation they have already attained as fun-makers supreme.

News Notes

W. Palmer was a Lethbridge visitor on Tuesday of this week.

The weather this week has been typical March weather for Alberta, and we may have quite a bit of winter yet this year.

Reserved Seats have sold out for the Basketball game tonight and it looks like a capacity crowd will be

People from Payson in Canada eligible to claims on this Utah town, through, Birth, residence or marriage assembled in the Raymond Opera House March 4 1931 in accord with previously arranged plans, and conducted a successful reunion the 1st of the kind held in Alberta.

It was also decided to make the Reunion an annual affair the name decided on for the organization was "The Payson Alberta Organization." Despite the high winds and drifting snow, a fair representation was present for the following program which occupied the afternoon and evening.

Chairman Arthur Fawns, who is also Bishop of Stirling made a few opening remarks and welcomed those present to the Reunion.

Opening prayer—D. F. Fawns, Patriarch of the Taylor/Stake.

Mrs. Geo. Fairbanks read a brief historical sketch of Payson; and J. Holman, a son in law of Mr. and Mrs. A.E. Fawns gave a character sketch. Mark A. Coombs of Carleton recounted some of the old home town reminiscences, which brought vividly to mind many past experiences. Jas. S. Anderson entertained the crowd with a number of humorous jokes, and Willis Fawns of Stirling gave a comic reading.

Mrs. Kieth gave two numbers, and the Misses Depew, daughters of Mr. and Mrs. Warren Depew rendered a vocal duet as did also Mrs. Madge Fairbanks and Mrs. Emma Burr.

A solo by Emma Burr and Community Singing led by Mrs. Blanche Scoville concluded the first part of the program.

Mass participation in games, conducted by Harold Fairbanks furnished plenty of action and entertainment for everyone.

Refreshments of sandwiches, ice cream and cake were then served and received most thankfully by the congregation, with full thanks to the committee who had arranged this part of the Reunion.

Music from the Orchestra commenced the dance which furnished a common means of social pastime for the crowd, and everyone joined in the old as well as the modern dances. A few step dances offered a diversion and a relaxation for the crowd.

Benediction by Mark A. Coombs brought to a close a well planned and successfully executed program and social gathering.

The following committee are to be congratulated for their untiring efforts in making the Reunion such a splendid success:

Arthur Fawns and wife, Geo. Fairbanks and wife, Warren Depew and wife, James Hawkins and wife, Mark A. Coombs and wife, Ervin Fawns and wife, Charles Fawns and wife, Rolla Kinsey and wife, Orion Rolison and wife, Lee Brewerton, Delsel Selman and Harold Fairbanks.

There were present as to registrars on 146 and possibly a few who did not register, 24 of this number were born in Payson 14 others lived there. The children born to this group 33 girls and 13 boys were children to be proud of.

This organization has for its emblem the Marquis Wheat a registered hard quality generally used in Western Canada.

A reorganization of this association with a committee having the privilege to choose others consists of Arthur Fawns Chairman, Geo. Fairbanks Sec. Treas. Warren Depew, James Hawkins, Delsel Selman with Mark Coombs of the Albera Stake and LeRoy Anderson of the Lethbridge Stake.

on hand to see the tussle.

A good crowd was present at the Welcome Home Party for Elder LeRoy Stone last Tuesday evening. A program and games occupied the time of the evening.

You must come over. We tried a fier in Wal's Street but we were CAUGHT SHORT. It's a panic in laughs! (Signed Marie Dressler, Polly Moran)

Raymond High School --- Alberta Provincial Basketball Champions



The Raymond Recorder

Published every Friday
S. I. MAX, Editor and Prop.

Non-political. Partisan only in the interests of Raymond and district. Advertising rates on application.

AND WHY NOT MORE?

The announcement by the Municipal Council that the four miles of road between Raymond and Welling will be graded up to standard and gravelled this year in connection with the remainder of the Cardston-Lethbridge highway is a joyful bit of news indeed, and to know that we will have an outlet to the surrounding country without crossing four miles of mud and trouble in wet weather will be hailed with delight by everyone who drives a car, and even all those who ride in cars. Hats off to the Councilmen for this decision recently made.

The question may be asked, and quite properly too, why not more gravelled road in the Municipality? With respect to this four miles to be gravelled this year, the Financial Government will stand half the cost of construction but will not assume the responsibility of maintaining it. That work will be on the shoulders of the Council for this year, and until the Department of Public Works decide to take it on.

Now the other side of the question. The road running straight east from Raymond to Cradlock, has for years been considered a main road and a good portion of the Capital Grant has been used each year on the bulking and upkeep of this stretch of approximately 13 miles east and west from Welling to Cradlock. And we might add too, that the only steel bridge in the Municipality is the one on this piece of road crossing the coulee near the Romeril farm.

Last year after numerous conferences and much correspondence the Lethbridge-Cardston road was decided on, and a six miles of this road was in the Sugar City Municipality. The question of course came up as to how this piece of road should be built and the decision reached that the Government put up the money for construction, and stand half the expense and the Municipality pay back the other half in five or ten years, and that the Government take the road over and maintain it without another bit of expense to the Municipality.

At the same time this contract was made, it was made plain that if the Council so desired, and were unanimous in their decision, that the nine miles from Raymond to Cradlock and from Raymond to the Welling section line, another four mile stretch would be built on the same basis and taken over at completion and maintained by the Government. What an offer. Another thirteen miles of road maintained by the Province, and more money for the market and feed roads of the district which all will agree need it. But no decision was reached and the matter was consequently dropped, and now we can't get that piece of road east, if we wanted it ever so bad and now the four miles west will have to be maintained by the Municipality.

We will not make any estimates as to the loss to the M. D. because this offer was not accepted before the Government had a chance to change its mind. But when it costs \$5,000 a mile to build a gravelled road, besides the upkeep, anyone can see the benefit. And now, we will go on putting up dirt grades each year, in order that the road will be passable, and even then we never have a road. Sometime in the future, the Government will probably renew this offer, and then we hope, there will be no dissension.

BUILD UP IRRIGATED DAIRYING

It is only a few years ago since plenty of irrigation farmers looked askance at efforts being made to bring the sugar beet industry to Southern Alberta. Today their only complaint is that factories are not coming fast enough. Once they got thoroughly into beet culture and learned its possibilities they found out it was worth while.

What about dairying? We have been doing some dairying in the irrigated districts ever since the country was settled up. But we never went at it as if it were a money-maker. It might make money we said in Wisconsin, but it was no good here. Now, however we are beginning to change our minds and it is dawn- ing upon us that if we undertake dairying as a definite part of the business of the irrigation farm it has just as good a chance to pay here in the middle of a great alfalfa grow-

ing district as any where on the continent.

Some progress has been made in the past five years. We have some fine herds in the country, but they are all too few. We complain that the market isn't what it should be, and we fear for a surplus of dairy products. But there is no gainsaying the fact that the irrigated districts of Southern Alberta are the dairy cow's idea of heaven. There's plenty of feed and water, and the climate is generally agreeable. If we can't make money out of dairying no other place in Canada can.

However, its time we were mapping out some program for future guidance. So far we have been letting growth take care of itself. There ought to be some objective set up. Instead of having four or five thousand cows in the dairy district—and only half of them real cows—we ought to have thirty or forty thousand. And they ought to be raised right on the farm no use going into debt for them. Here's the program needed:

1. Put the law on the scrub bull allow nothing but purebred sires in the irrigated areas.
2. Weigh and test and cull—get rid of the boarders—form cow testing associations in every district.
3. Support the dairy calf club movement as the basis of better breeding and better dairymen.
4. Form a dairymen's association in the district just as the beet growers have done, to give the industry the guidance it needs.

If we do this it won't be long until Southern Alberta will attract plenty of competition in the dairy business, and it will be much more stabilized than it is now. Lethbridge Herald.

Monday was cooler over Southern Alberta with more snow falling. There was very little sunshine that day.

Here and There

More than thirty carloads of smelts have been shipped recently to the Boston, New York and Chicago markets from Bathurst, N.B. The value of these shipments is placed at about \$35,000.

An increased enrollment in both common and high schools, an increase in teachers and in average attendance were indicated in the report of the schools of New Brunswick for the year ending October 31, 1930.

Aggregate value of life insurance in Canada, according to latest available information, was \$3,150,000,000 or about \$28.49 per capita of the population. Its value has more than doubled in Canada since 1920.

Last year's catch of salmon in British Columbia totalled 213,500,000 pounds, the highest ever recorded. About 2,220,000 cases have been canned, most of it to be exported to different parts of the world.

Good progress was made in 1930 in civil aviation in Canada, particularly in commercial flying. A total of 87,453 hours was flown, an increase of 7,557 hours over the flying time of registered aeroplanes in 1929.

An advance of about \$80,000 in net tonnage handled at the port of Vancouver during 1930 is shown in the annual report of the Vancouver Merchant Exchange, tonnage in 1930 being 12,774,631 against 11,984,771 in 1929.

Latest reports on the output of the central electric stations in Canada states that in 1930 power generated from such stations totalled 17,826,121 thousands of kilowatt hours, an increase of 155,245 thousands of K.W. hours over 1929.

When the new 42,500-ton Empress of Britain, Canadian Pacific Atlantic flagship, goes on a world cruise, she will break at least 29 records. Except for Southampton and New York she will be the largest vessel ever to enter world cruise ports.

Prediction of a favorable year for the fruit growers of the Annapolis Valley is already being made for 1931. Dr. Blair, superintendent of the Government Experimental Farm, Kentville, N.S., announces there is every indication of an excellent crop, adding that fruit buds had formed unusually well and were plentiful.

Statistics gathered from cities and towns having a population of 4,000 and over show that in 1933 such centres with a total population of 3,359,793 the number of police officers employed was 5,604, or one officer to every 671 persons. As an instance of their efficiency it is reported that of the 11,160 automobiles stolen in the year 1929, all but 10 were recovered.

While industry and commerce are preparing their plants and methods for low-cost operation and quality service in the coming contest for home and export markets, our railway systems, a primary implement of these operations, are cramped in that respect by inability to accumulate reserves in fat years as did other corporations, according to resolutions adopted at the annual meeting of the Railway Business Association.

DENTISTRY

Dr. F. M. HALL — Dental Surgeon
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DEAN LAMB — RAYMOND

News Notes

SUBSCRIBE TO THE RECORDER.

Royden Low of New Dayton was here Saturday night for the basketball game.

Don't forget the Senior Play at the Opera House tonight. A good snappy preliminary will be played between the Magrath High School and the Idlers.

DON'TS FOR MOTOR CAR DRIVERS

A card should be printed and placed in every car sold in this country. It should read as follows:

Do unto other road users as you would have them do unto you.

Don't show the other fellow how quickly you can go. You may reach the hospital first.

Be considerate of pedestrians. Not all of them are broad-jump champions.

Don't forget that reserve power is primarily intended for acceleration in time of emergency.

Give and take, but don't if the other fellow is too strong not to give.

Approach schools as you did in your childhood—slowly.

Don't drive noisily in residential districts. Barking dogs resent competition.

Don't forget the fate of Lot's wife. Keep your eyes front.

Don't neglect road signs. They don't neglect you.—Western Motor-Club.

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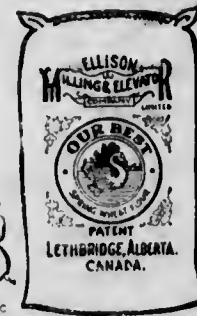
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THE extent to which you and I are creatures of habit is simply marvellous. Even after we have become convinced that certain things we do are detrimental to health we continue along the same lines. We know that a certain manner of living will not result in the building up of the best type of moral fibre, yet we go on, and on, in the same old way. We're so much the creatures of habit.

Children are different. They have not lived sufficiently long to succumb to habit. Their outlook upon life contains much more of the elements of freedom, honesty, width of viewpoint and frank speech.

A youngster—so the story goes—once said to his dad: "Dad, what are ancestors?" "Well, my boy," the father answered, "I am one of your ancestors." Your old Aunt Mary may be spoken of as another. After a few moments' quiet, then the poser came. "Well, then, Dad, why do people brag about their ancestors?"

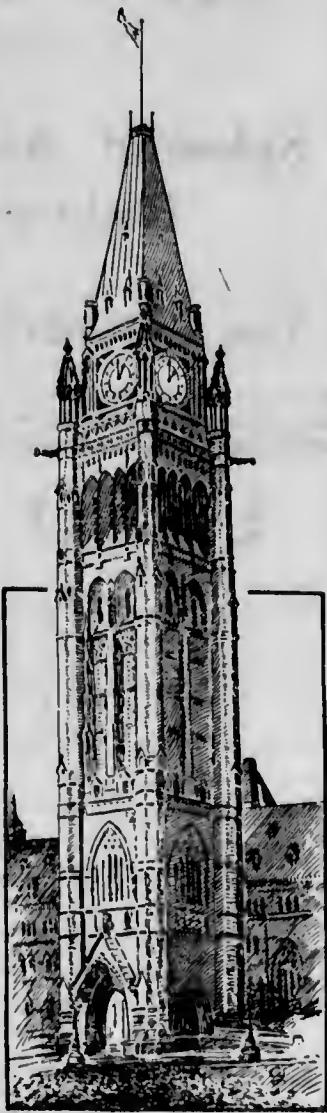
Even upon some of the great matters in which the whole world is interested, the simplicity and directness of the child is phenomenal. For sheer, sound, though stimulating philosophy, however, the old poem that used to grace the pages of one of the old school readers illustrates the simple, but intelligent attitude of the child before it became a slave to convention, before it acquired the habit of doing things this way or that, simply because "everybody's doing it."

I've forgotten the words. I'm not sure that I ever memorized them. Anyway, "It was a summer's evening, old Kaspar's work was done." He sat musing at the door of his cottage. Two children, Peterkin and his grandchild, Wilhelmine, played near by. Peterkin, I think it was, found a man's skull somewhere in the yard or in the fields. They brought it to the old man and questioned him, childlike, regarding it. What is this thing so "large, and smooth, and round?" Old Kaspar became thoughtful. He immediately began to live during days long past. "Tis some poor fellow's skull," said he, "who died in the great victory." At least his thought was expressed somewhat in this way. So the conversation continued until finally from one of the children, "But tell us all about the war, and what they killed each other for." "Oh, that I cannot tell," he said, "but 'twas a famous victory."

At the same time grown-ups must not succumb to the habit of taking a too gloomy outlook. Somebody said "God's in heaven, all's right with the world."

The League of Nations, peace organizations in many countries, international gatherings—Rotary, Kiwanis, World Poultry Congresses, Chambers of Commerce, church conferences, educational conventions, the World's Grain Exhibition and Conference to be held at Regina in 1932—all may be regarded as activities in the direction of world peace and the condemnation of war as a means of uplift for the human race. Though many of these are not designed as direct peace movements, they do wield an enormous influence in that direction.

The Peace Tower at Ottawa stands as a permanent, every-day symbol proclaiming the will of the Canadian people for the peace of all the world.



Castile Soap

Among the most important needs of every man who has attained any level of civilization is soap. Little was known about the chemical nature of oils, but the process of extraction, to obtain oil for illuminating purposes has been used for centuries. Moses definitely states that olive oil was used as a source of light. It appears that the early Greeks were acquainted with fixed oils like castor oil and olive oil and some of the essential oils. The "Fullones" of Rome were a privileged class licensed to do laundering and they used "fullona" (fullers earth) as a cleansing agent. The earliest mention of the term "soap" as applied to the substance known to us occurs in Book XV of Pliny's *Historia Naturalis*, but he it as an emollient for external use, and calls it "Savun Caprinum Cum Cili." Pliny also gives us the earliest account of soap being manufactured. The Gauls used it as a cosmetic. He states that it was made from tallow and ashes. From this statement it has been generally concluded that the invention of soap was either due to the Gauls or Germans. This is the first mention of soap which may be compared to the present day product. It was a mixture of oil and potash (wood ash) which was used as a salve for skin eruptions. In the middle ages certain dried plants, which gave a heavy foam with water were used for bathing and laundering. The process of saponification has thrown the most light upon the chemical nature of fats.

The name "Castilla" first appeared in Spanish literature of the eighth century and the province of Castile has long been recognized as the place or origin of the soap bearing that name. Marcellus, it is stated, carried on a considerable trade in the soap industry as far back as the ninth century. In the fifteenth century Venice was the principal market.

The raw materials employed in the manufacture of Castile soap are: olive oil, alkalies, water, and common salt. Many substances are used to cheapen the cost of manufacture, such as soda ash, silicate of soda, glue, starch and other oils, both of vegetable and animal origin. Olive oil obtained from several varieties of "Olea europaea" is used in making pure castile soap.

A typical process for the preparation of castile soap is given as follows: Olive oil and lye are mixed and heated for about twenty minutes until there is a paste formed. More lye is added at this point and the heating continued. When the reaction has proceeded to completion the soap should be slightly alkaline. The soap is salted out by the addition of sodium chloride, washed, and poured into frames. Large quantities of oil and alkali are used in the commercial processes. It requires about twenty hours for the completion of a batch of soap. Good castile soaps are aged.

Castile soap is a hard soap of a pale yellowish white color, incapable of giving an oily stain to paper, devoid of rancidity, odor or strong alkalinity and should readily dissolve in water or alcohol. It should become dry on exposure. The soap is mild and bland, yet effective. It contains about 71 per cent sodium oleate as is apparently less hydrolyzed than other higher saturated fatty acids. For this reason olive oil which contains a high percent oleic acid, makes a soap that is almost neutral in reaction.

According to the United States Pharmacopoeia Tenth Revision "Sapo," olive oil castile soap is a white or whitish solid, free from rancidity, made from a pure olive oil. It must not contain more than 36 per cent water for powdered soap or 10 per cent for powdered soap. The soap must be free from heavy metals and sodium hydroxide and contain not more than 1 per cent sodium chloride sodium carbonate, silicate or other alkaline insoluble substance. The iodine number is 81-90.

From numerous quotations, castile soap is considered a pure olive oil soap and it has become a standard of quality, because of its widely known reputation, a few manufacturers have adulterated the pure soap with animal fat, cottonseed oil, coconut oil inferior grades of olive oil and numerous other oils to make a profit. When the Federal Government buys castile soap it must comply with the United States Pharmacopoeia N.

The Government protects the consumer from adulterated and misbranded soaps. Castile soap to be labelled and sold must comply to the requirements as given above.

Kimball Fisher,
North Pacific College,
Portland.

NOTE: The above essay was written by Kimball Fisher, one of Raymond's native sons and well known locally being a son of Mr. and Mrs.

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Health Service

OF THE
Canadian Medical Association

Edited by
GRANT FLEMING, M.D., ASSOCIATE SECRETARY

INFANT FEEDING

A great responsibility rests upon each mother because her baby is absolutely dependent upon her. The health of the citizens of the next Canadian generation depends upon the mothers of today.

The baby is a very helpless mortal. It is this helplessness that is, in many ways, so appealing, but at the same time, it makes great demands upon the mother.

Breast milk is the perfect food for the baby. The breast-fed baby is the best-fed baby. In the breast milk, he receives all the different kinds of food he needs, in the correct proportions and in a form which is easy for him to digest.

There is no artificial feeding that is just as good as the natural feeding. The baby who is deprived of his natural food loses something that cannot be replaced, and he has not as good a chance to grow up strong and well as has his naturally-fed brother.

There is more sickness and a higher percentage of deaths among artificially-fed infants. The reason for this is that the naturally-fed infants have the benefit of breast milk which is free from dirt and disease germs and is easy to digest.

It is cheaper and much more easy to breast-feed than it is to use artificial feedings. It takes time to prepare feeding, the materials used must be paid for, and even then, the feeding is, at the best, nothing more than a good substitute for the natural food.

In the vast majority of cases, a mother weans her baby without knowing she is doing the wrong thing. She may think that she cannot nurse her baby, that the baby is not doing well and that, consequently, there must be something wrong with her milk, or that it is of poor quality. She may have listened to some well-meaning but ignorant neighbour who has told her that artificial feeding is better.

The truth is that there are very few women who cannot nurse their babies. No baby should be weaned excepting on the advice of the family physician. Even a small quantity of breast milk is better for the baby than none at all. There are many ways in which the quantity of milk can be increased, and these should all be tried before the baby is weaned.

The nursing mother should eat plain, wholesome food. She should take milk daily and fresh fruits and vegetables should form a regular part of her diet.

The foundation of health is laid by a good start in life, and the baby who is breast-fed regularly by a healthy mother is given such a good start.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

Alma Hancock and wife were 1 Magrath on Sunday last.

James Fisher. His essay was chosen, with 5 others out of 500 from the North Pacific College at Portland for publication and then his was chosen from the five as the one to be printed. Kimball has had two years at the University of Utah at Salt Lake City and two years at the North Pacific College, and will graduate this year as a Pharmacist. Because of the wide acquaintance he has here his article will be interesting, and Raymond is justly proud of the fine showing he is making and has made in his studies.

Historic Wolfe's Cove Assumes New Aspect



The scene of the landing of General Wolfe, under the towering crags crowned by the Plains of Abraham and the City of Quebec, is about to become the setting for yet another important event in the history of Canada. On September 13, 1759, the British forces disembarked at what is now known as Wolfe's Cove, to capture Quebec. On June 2, 1931, passengers from the new 42,500-ton Canadian Pacific liner "Empress of Britain", on her maiden voyage from Southampton, will land within a few yards of the same spot and be taken by train, through a tunnel slightly over a mile long, under the historic battle-field on which the English hero lost his life, direct to the Canadian Pacific's main line to Montreal.



General Wolfe

This new traffic link, which is being completed by the company at a cost of some \$2,000,000, will eliminate the present journey through Quebec's terminals and materially

shorten the running time from the ship's side to all important Canadian and American centres. A concrete quay-wall, 4,300 feet in length, with 40 feet of water at low tide, will provide berthing space for the new "giantess" and her sister "White Empresses", and five railway tracks, converging into one at the end of the wharf and thence turning into the new tunnel, will serve to transfer passengers from the bosom of the St. Lawrence to their respective destinations. Disembarkation will be effected through a two-storey shed, with stairways leading down to the trains. The pictures show: (1) Wolfe's army landing to capture Quebec, (from an old drawing). (2) The tunnel mouth near the riverside, now under construction. (3) General Wolfe.

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C. M. Hamilton

ONE of the most important sections of the World's Grain Exhibition and Conference will be found in the junior grain judging competitions to be held in connection with the 1932 world-wide event and Mr. C. M. Hamilton's specific interest in the Grain Show lies in the work of the committee in charge of the competitions. He is chairman of this committee, is a member of the Board of Grain Commissioners for Canada, and a former chairman of the Executive and Finance Committee of the World's Grain Exhibition and Conference.

Mr. Hamilton was born at Whitechurch, Bruce County, in 1878, and educated in the public schools of Ontario and Saskatchewan, the high school and Normal at Regina and Manitoba College, Winnipeg.

In 1902 he came west and settled near Indian Head. For some years he taught in the rural schools of Saskatchewan and in 1901 took up a homestead in the Weyburn district, since that time making extensive additions to his farm holdings.

For many years Mr. Hamilton was reeve of the Wellington Rural Municipality, and held the office of president of the Saskatchewan Association of Rural Municipalities. He was also the representative for Weyburn in the Saskatchewan Legislature and for some years was Minister of Agriculture for Saskatchewan.



News Notes

LOST—Gold Watch and Chain. Finder please return to Joe McLean or this office and receive reward.

W. S. Rouse returned home from California Monday evening, just in time to get in on all of our winter.

The balmy Chinook arrived Thursday morning and by noon had the air well warmed up and the ice and snow melting.

Eleven negro convicts were burned to death in their cells at Kenessville, N. C. on Saturday last as fire swept through the wooden section of the prison surrounding their cells. 41 other prisoners were led to safety by the prison guards.

Winter was her with exceptionally low temperatures continued in the British Isles and continental Europe this week without a sign of a break. Some remote settlements were reported as isolated for three and four days due to the severe storm. Heavy seas caused several accidents to shipping and fishing vessels and a number of lives are feared to have been lost.

Because the Taber Intermediates have been reported to have used the name Taber Union Jacks in some of their games in the Pass, Dave Powell, son, coach of the Raymond, and Southern Alberta's original Union Jacks has challenged the Taber team to a game on a neutral floor and if Taber can beat the Jacks, then he will choose a new name for his gang of leather tossers. Failing to do this it seems only right in the interest of sport that the Taberites leave off using this name providing of course that this report is true.

Here and There

White Leghorn hen "No Drone 511" from Port Kells, B.C., laid \$67 eggs in 365 days, qualifying her as champion egg layer. The eggs weighed 52 pounds, just ten times her own weight.

In the past fiscal year in Nova Scotia there were 131 companies incorporated with total capitalization of \$5,367,800, an increase of 15 new companies over the previous year.

Rt. Hon. R. B. Bennett, Prime Minister of Canada, and a graduate of Dalhousie University of 1893, was recently presented with a leather-bound script conveying recognition and regard of nineteen classmates of the same year.

Theodore H. Kipp, chairman of the Industrial Development Board of Manitoba, reports that since the inception of the Board, Manitoba's industrial payroll has been increased from \$18,000,000 to \$35,000,000.

Miss Margaret Stevenson, of Edmonton, has succeeded to the crown of the next Banff Winter Carnival, following Miss Doris Parkes of Vancouver, last year's Queen. The election was the closing feature of a very successful meet.

W. E. Brissenden, of Montreal, has been appointed Development Engineer, Department of Development, Canadian Pacific Railway. He succeeds G. M. Hutt who was recently promoted to Assistant Director of Development, with headquarters in Winnipeg.

The 42,500-ton Empress of Britain which is scheduled to sail on her maiden voyage to Quebec, May 23, is the largest vessel built in Great Britain since pre-war days and the largest ship plying between British Empire ports. She will also be the largest vessel ever to make a world cruise.

Total increase in railway taxes during the 38 years from 1890 to 1928 in the United States was from 21 million to 421 million dollars, says Dr. Fawcett, Director, Bureau of Railway Economics. This, he asserts, has had an unfavorable effect both on industries and individuals.

The annual University of Montreal tour across Canada which has been a feature of the educational life of the University for the last six years, will be extended to include Alaska and the Yukon Territories for the season of 1931, according to Canadian Pacific Railway announcement recently.

Shipped by Canadian Pacific across Canada, 27 head of purebred Jersey cattle, four pigs, four mountain goats and sheep were swung aboard the freighter Wai-hemo for New Zealand recently. Captain Flynn, skipper of this new North's Ark, wasn't worrying. He said he had handled tigers as well as seamen and stokers in his time.

J. H. Evans, Deputy Minister of Agriculture for Manitoba, states that, "in no branch of farm production in Manitoba has the price been so well maintained or the volume of business increased so much as in honey. Manitoba produced well over one-third of the total honey crop in Canada, the quality of which was unexcelled; and at the present rate of increase Manitoba will be the largest producer in the Dominion next year."

TRYING TO GET MORE THAN THERE IS

By BRUCE BARTON

This is the story of two men who are now about forty-five years old.

They graduated in the same class at college. One of them came to New York and took the first job he could get which happened to be in the stock-room of a large corporation. He lived in an attic, did his own washing, and fought tooth and nail. After a while, as the business grew and older men dropped out, he was promoted, until he is now a vice-president. He has a home in the suburbs, and a fine family, and is accumulating a comfortable fortune.

The other young man was equally attractive and talented, but he had a different idea.

Said he: "I'm not going to be tied down. Why waste the best years of life in a stuffy office? I'll wander around and see the world while I am young; there will be plenty of time for work later on."

Well, he has wandered around the world. He has been to interesting places, had romantic adventures, met unusual people. Now he is through with his travels, and at forty-five wants to settle down.

But though the other man has tried to help him, it is almost impossible. He knows no trade has mastered no tools, has no business experience to offer. He is out of life, and he can't get in.

He thinks that Fate has played him a mean trick. He envies the success of his friend, and he is tending to grow bitter.

All of which suggests that much of the trouble in human affairs comes from trying to beat the game—from trying to get out of life more than there is in it.

"The gods," said Emerson, "sell everything to men at a fair price."

They sell business success, but the price is several tough years of work.

They sell pleasure and adventure, but the price of these is also measured in years.

They sell the thrill of speculation, but the price is that few win and many lose; and even the winners often sacrifice their nervous systems and their health.

They sell family life and they sell divorce.

And man may choose the thing that he wants to buy, but no man may choose them all.

And whoever makes his choice—and then wakes up to regret that he had not chosen otherwise—is in tough luck. We can be sorry for him, but we can not do much to help.—Taber Times.

THE FUTURE OF BEET GROWING

There can be no doubt that the future permanency and development of the irrigation projects of Southern Alberta depend, to a large degree, upon the development of the beet sugar industry. This being the case, competition from raw sugar imported from tropical and semi-tropical countries being what it is, the question arises as to what Southern Alberta irrigators can do to meet his competition.

Of course, there can be tariff protection, or a subsidy, or a combination of both, which will help the industry to keep growing. On the other hand, there seems little doubt that the mechanics of beet growing have been more or less neglected in the past. We know that, in the United States, much is being done to cut down the hand work which adds greatly to the per acre cost. Cross blocking is being used as an advance step in thinning, and according to a report which the Herald has just received, this saves about \$6 per acre in thinning costs, besides making the job much more acceptable to the hand labor. Of course, the time may come when the transplanting machine may take the whole question of thinning out of the realm of beet growing, and this is worth watching, but it will probably come some time in the future.

In harvesting operations there seems to be a lot of room for improvement. We read recently that a mechanical beet harvester has been perfected in England where the beet industry is growing, which will dig, top and load two acres daily. There is certain to be development along these lines, and these developments will help the growers to meet competition from cane sugar.

What we need to do is to grow sugar beets and to grow them as cheaply as possible. They clean the land and prepare it for the next year's crop, and the beet tops and other by-products pay the way for economical production of dairy and livestock products. That after all, is the real reason behind beet growing. It is the effect of the crop on other phases of farm-

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ANNUAL TELEPHONE SOCIAL

The Sixth Annual Telephone Banquet and Dance for the Lethbridge District was held on Tuesday Mar. 10th at the Marquis Hotel in Lethbridge.

These yearly functions sponsored by the Lethbridge Social Club of the Alberta Govt. Telephones, and are a "Get Together" of all employees of the Department in district five.

J. D. Baker, General Manager, W. Froste, Commercial Manager and W. C. Bruce Plant Superintendent all of Edmonton were present, and were among those who spoke during the banquet.

Nothing was left undone to make the affair one long to be remembered by the out of town guests.

Part of the local telephone staff were present and voted this social the best yet.

Geo. Brewerton returned home on Thursday from his trip to Salt Lake.

\$30,000 changed hands at the recent Horse Sale in High River.

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